Maryborough Moves -November '09

Fraser Coast Regional Council
P O Box 1943
Hervey Bay QLD 4655
Phone: 4190 5821
Number: 36

Active, Healthy Lifestyles

From the Editor's Desk

Hello everyone!

So how's spring treating you all? Seen the Jacarandas around the traps?

After a miserable loss on the Melbourne Cup sweep, I have resigned myself to the fact that I will never have a trustworthy gut. I had put my money on 'Warringah'. Sure winner, I thought. Not so, it would seem.

The gut has, however firmed up a little since commencing its torturous regime at the gym. What was once jello, is now more jellybean. There is ofcourse the possibility that the gut is simply scared stiff from all this exercise.

As we slowly emerge from our winter hibernation, we are fortunate to live in such beautiful surroundings. Taken a walk along the river lately? She's just stunning now, before all the debris starts clogging her up during the storm season. Things are also at their stunning best out at Tiaro and Woocoo. Summer has not yet done its damage, and it's lush and green. Why not hook up with Perry from the canoe club and take in the view from a different angle? See their paddle schedule further on in the newsletter.

A special congrats must go to my colleague Patrice Bates (see page 3) for having a very successful crack at steer riding. She ignored all my '*-but you could break your neck!*' and '*-do you really think this is a good idea?*' talks. Good onya, Patrice!

Have a great November!

Anna

The newsletter is now available on the website, and can be found using this link: www.frasercoast.qld.gov.au/community/Recreation

Your feedback and input is important so please contact the Community Development Office on 4190 5821 or send an email to anna.clark@frasercoast.qld.gov.au

Maryborough Speedway

V8 Sprintcars (Dash 4 Cash)
Modified Productions (Fraser Coast Drivers Championship)
Formula 500's
4 Cylinder Sedans
Junior Sedans (Round 2 - Col's Fibreglass Stars Series).

Racing starts at 4pm.

Entry for kids under 12 is still FREE. Discounts for the whole family.
For more information check out www.maryboroughspeedway.com.au

Cheers
Ryan Harris
General Manager
Maryborough Speedway

Fraser Coast Canoe & Kayak Club Inc.
P O Box 242
Maryborough 4650
www.frasercost.canoe.org.au

Activities

Recreational canoeing & kayaking at different venues through out the Fraser Coast and adjoining areas.
See the copy of outings for October – December 2009 on the back of this sheet.
We welcome all interested people to join us. Paddling distances are adjusted to suit your ability.

Equipment:

For people who do not own a canoe & kayak. The club has 6 kayaks to try out.
We recommend you try different craft before purchasing one to suit your needs.
Existing members offer friendly advice to make your outing enjoyable, including You're paddling skills.

Costs:

You can join as a trial paddler for three outings in any 12 month period for $5.50 each time, before having to decide to join the club. This includes all club equipment.
Membership for a full year is currently $90.00. Pro-rata costs are available for joining mid-year.

Club Affiliation:

We are affiliated to Queensland Canoeing and are members of Australian Canoeing.
www.canoe.org.au

Benefits:

Access to skills training.
Insurance cover.
Discounts to various outlets.

For further information contact: PERRY 41231898 mperreme@bigpond.net.au

Fraser Coast Canoe & Kayak Club
Paddle Schedule - November

Sun. Nov. 8th Elliot Heads Elliott River
Launch 11.20am

Sun. Nov. 22nd Big Tuan
Launch 11.00am

Sat. Nov. 14th Mary River. Lamington Boat Ramp
Launch 4.00pm

Sat. Nov. 28th Mary River Lamington Boat Ramp
Launch 4.00pm

Contact Perry on 4123 1898 for further information.

Council's Own Rodeo Star!

Patrice Bates, part of Council's Community Development Team, is mostly known for her outstanding performances on horseback. Earlier this year, she was crowned the supreme district champion hack at the Fraser Coast Show.

Now she has another feather in her cap, having come in second at the Australian Women's Steer Ride Championship at Warwick. Being a novice to the sport, this result is an enourmous achievement.

Having gotten a taste for the eight seconds of pure adrenaline, Patrice is totally hooked, and plans to return to the dust bowl as soon as possible.

-YEEEHAAAAA!!!!!

"Exercising builds muscle. Muscle makes you want to show off your body. To show off your body, you need a tan. Tanning turns your skin to leather. Cows are made of leather. Cows are fat. Therefore, exercising makes you fat!"

LIONS CLUB OF TIARO & DISTRICT INC.

15th Annual Mary River Festival
10th & 11th October 2009

PRIZE WINNERS

JUNIOR CANOE RACE
FIRST PRIZE $50.00
Blake Soper & Mitchell Sutton

WOMEN'S CANOE RACE
FIRST PRIZE $100.00
Sonia Edwards & Christine Lemesurier

FAMILY CANOE RACE
FIRST PRIZE $100.00
Angelina Black & Anthony Black

MEN'S CANOE RACE
FIRST PRIZE $100.00
Daniel Poppi & Royce Vandeleur

JUNIOR RAFT RACE
FIRST PRIZE $100.00
Dylan Newbery, Aidan Davis
Tyler McKenna, Rebecca Davis

WOMEN'S RAFT RACE
FIRST PRIZE $400.00
Rebecca Davis, Hannah Black
Lauren Dixon, Kerri Mowah

FAMILY RAFT RACE
FIRST PRIZE $200.00
Soper Blake, Aidan Davis
Rebecca Davis, Tyler McKenna

BARRAGE TO BRIDGE 22Km OUTRIGGER CANOES
FIRST PRIZE $200.00
Jenny Everist & Christine Dalby

OPEN RAFT RACE
FIRST PRIZE $500.00
Raft Name: "TRADIES"
Captain: Dylan Newbery
Crew: Rebecca Davis,
Tyler McKenna & Aidan Davis

SECOND PRIZE $100.00
Raft Name: "CYCLONES"
Captain: Daniel Poppi
Crew: Royce Vandeleur,
Anthony Black & Gavin Soper.

FANCY DRESS
PRIZE $50.00
Jess Black & Tara Conway

COLOURING COMPETITION

2yrs:	Shelby
5yrs:	Jaz
7yrs:	Lexi
13 -15yrs:	Karen

FAMILY FUN SPORTS DAY !

Maryborough District Cricket Club, Ariadne Street

Sunday 15th November

9am 18 hole par 3 Pitch n Put Golf
6 hole golf course with a 3 club limit.
10am Bocce
11am Friendly Pool Comp
11am Family Backyard Cricket
12 players (6pairs) 24 overs per side
Players (2 each) bat in pairs for 2 overs each
Friendly rules – limited bowler run ups, players bat for 2 overs regardless of loss of wicket
1pm Social Soccer
1pm Laughter & Lawn Bowls
2pm Friendly Darts & Poker

All Welcome – Nominate Now
Families, Groups, Pairs & Singles
Cost of entry $2.00 per person per sport.
Plenty of Novelty Prizes & Raffles
Food & Beverage Available Throughout Day
Nomination Forms @ Club.
Tel. 4123 1720 / 0437 697 983
Nominations Close 6th November.
Fax to 4123 4695
HURRY!

MARYBOROUGH & BAY CYCLISTS TEAM UP

Picture shows some of the team ready to leave South Bank at 6.00 am – from left, Dan Caldwell, Geoff Miles, Simon Boss-Walker, Jane Boss-Walker, Steve Case, Greg Dobson, Ian Miles, Toni Case, Jim McCawley, Sean Dobson)

Story and photo submitted by Elizabeth Miles.

A group of Maryborough and Hervey Bay (along with some Brisbane friends) cyclists signed up to take on Queensland's biggest bike ride – the Wilson HTM Brisbane to the Gold Coast Cycle Challenge – on Sunday 11 October.

The team, made up of 13 riders, was sponsored by two local firms - Sexie Coffee, and Human Matters. The team set off from South Bank and travelled to the Gold Coast via the bus ways and then the back roads to Southport – a distance of about 110 Kilometres. All the riders in our team finished the ride by about midday in spite of some rain along the way.

Since its inception in 2005, participants in the Challenge have helped raise over $433,000 for Queensland charities.

Proceeds from this year's event went to the Heart Foundation and Diabetes Australia Queensland, who work tirelessly to save lives and improve the health of Australians.

Founded and organised by Bicycle Queensland, the event aims to increase awareness and participation in cycling while raising valuable funds for charity.

Next year's Challenge is set for October 10 and the local group plans to go again so invitations will be out to make an even bigger team from Maryborough/Hervey Bay in 2010.