

# LEARNING TO SWIM

is a skill for life!



Learning to swim provides a person with the confidence and ability to get involved in all aquatic activities.

Our program is ability based and age appropriate, catering for students from 6 months of age, right through to adults.

Our classes use student to teacher ratios which facilitate faster learning.

All of our instructors are industry qualified and attend regular training to keep up to date with current industry trends and standards.

For information on class times and advice on which class suits your needs, contact our friendly staff at Hervey Bay Aquatic Centre.

## HERVEY BAY AQUATIC CENTRE

202 Boundary Road, Torquay QLD 4655  
Telephone: 07 4197 4703

Email: [hbaquatic@frasercoast.qld.gov.au](mailto:hbaquatic@frasercoast.qld.gov.au)  
[facebook.com/HerveyBayAquaticCentre](https://www.facebook.com/HerveyBayAquaticCentre)  
[www.frasercoast.qld.gov.au/aquatic-centres](http://www.frasercoast.qld.gov.au/aquatic-centres)



# LEARN TO SWIM



HERVEY BAY  
AQUATIC CENTRE

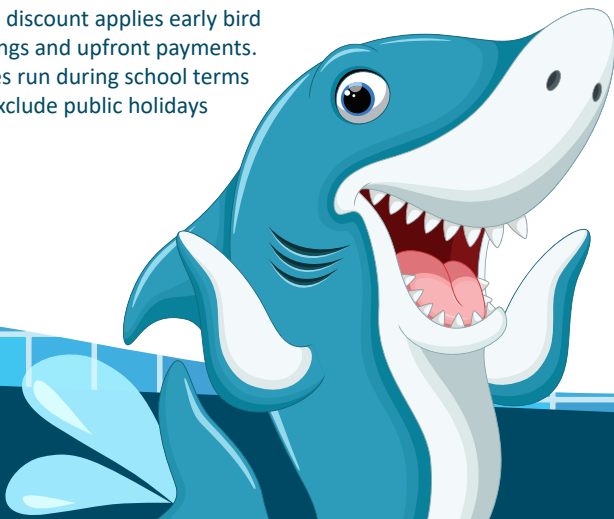




## PRICING

LESSON TYPE	DURATION	PRICE
Swim School *	30 mins	\$16.40
Infants (3 years and under) *	30 mins	\$16.00
Private one-on-one	30 mins	\$42.30
Private one-on-one (students with additional needs)	20 mins	\$22.00

\* 10% discount applies early bird bookings and upfront payments. Classes run during school terms and exclude public holidays



## PREPARING TO COME TO CLASS

All students need to have appropriate bathers and a towel for their lesson. If the student requires goggles, they must bring their own to class.

Parents must stay on pool deck and supervise all children under 12.

### INFANT CLASSES

We ask that all students wear a water nappy. This ensures a healthy, comfortable and hygienic pool for everyone. Adults in infant classes, we would love you to wear a t-shirt during the lessons as this will be used as a tool for your child to grab onto and pull themselves up.

## DEVELOPMENT

### TOWARDS COMPETITIVE STROKES.

- Progress from our Learn to Swim Program and expand your swimming ability.
- Enhance stroke correction and encourage fitness, participants are invited to attend as often as they like.

### TIMETABLE

	MON	TUE	WED	THUR	FRI
3.30 - 4.15pm	TCS	TCS	TCS	TCS	TCS
4.15 - 5pm	TCS	TCS	TCS	TCS	TCS

### TCS PRICING

PASSES VALID FOR 12 MONTHS	
Single Pass	\$9.00
10 Pass	\$76.80
26 Pass	\$171.00
52 Pass	\$264.00
250 Pass	\$850.00

# CLASSES



### INFANTS (6 MONTHS - 3 YEARS)

Classes are taught with the parent/guardian in the water. The adults learn to be an important part of the child's aquatic experience through songs, games and activities that develop water familiarisation and exploration, basic learn to swim skills and water safety. Positive experiences in the early years influences enjoyment of water activities and encourages respect for water safe behaviour.

### PRE SCHOOL (3 - 5 YEARS)

Pre school levels are a fantastic introduction to basic skills in swimming. We also continue with water safety techniques and help familiarise students to the water in a safe and fun environment.

### SCHOOL AGE

Classes run from beginner to Squad entry level. Students will progress their stroke, safety techniques and enhancing fitness. Classes are structured according to ability, which promotes efficient progression and a sense of achievement for all.

### ADULTS

Whether you have never been in the water or you wish to relearn some old skills, these classes are for you! Meet new people, learn a new skill and get fit all at the same time with our friendly Instructors.

### PRIVATE LESSONS

Private Lessons are available for any age. If you need extra practice or technique training or if you feel you may struggle in a group situation, give them a go. We also have fully qualified Access and Inclusion Instructors for people with additional needs to ensure the best possible results for our students.