# LEARNING TO SWIM is a skill for life!

Learning to swim provides a person with the confidence and ability to get involved in all aquatic activities.

Our program is ability based and age appropriate, catering for students from 6 months of age, right through to adults.

Our classes use student to teacher ratios which facilitate faster learning.

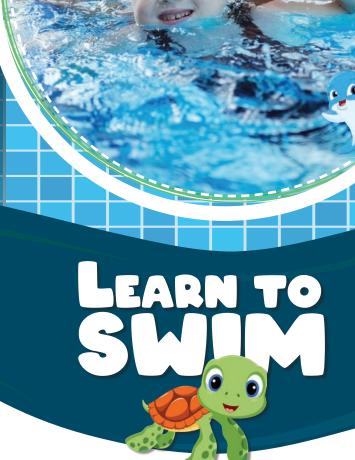
All of our instructors are industry qualified and attend regular training to keep up to date with current industry trends and standards.

For information on class times and advice on which class suits your needs, contact our friendly staff at Maryborough Aquatic Centre.

# MARYBOROUGH AQAUTIC CENTRE

Cnr John & Kent Street, Maryborough Qld 4650 Telephone: 07 4190 5875

Email: mbaquatic@frasercoast.qld.gov.au facebook.com/MaryboroughAquaticCentre www.frasercoast.qld.gov.au/aquatic-centres







MARYBOROUGH AQUATIC CENTRE



### **LESSON TYPE DURATION** PRICE Swim School \* \$17.00 30 mins Infants 30 mins \$16.50 (3 years and under) \* \$44.00 Private one-on-one 30 mins Private one-on-one 20 mins \$23.00 (students with additional needs)

## PREPARING TO COME TO CLASS

All students need to have appropriate bathers and a towel for their lesson. If the student requires goggles, they must bring their own to class.

Parents must stay on pool deck and supervise all children under 12.

### INFANT CLASSES

We ask that all students wear a water nappy. This ensures a healthy, comfortable and hygienic pool for everyone. Adults in infant classes, we would love you to wear a t-shirt during the lessons as this will be used as a tool for your child to grab onto and pull themselves up.

# DEVELOPMENT

### TOWARDS COMPETITIVE STROKES.

- Progress from our Learn to Swim Program and expand your swimming ability.
- Enhance stroke correction and encourage fitness, participants are invited to attend as often as they like.

### TIMETABLE

LEVELS	MON	TUE	WED	THUR
All Levels	5.30am - 6.30am	5.30am - 6.30am	5.30am - 6.30am	
All Levels	6.30am - 7.30am	6.30am - 7.30am	6.30am - 7.30am	
Beginner	3.30pm - 4.15pm	3.30pm - 4.15pm	3.30pm - 4.15pm	3.30pm - 4.15pm
Intermediate	4.00pm - 5.00pm	4.00pm - 5.00pm	4.00pm - 5.00pm	4.00pm - 5.00pm
Senior	4.30pm - 5.30pm	4.30pm - 5.30pm	4.30pm - 5.30pm	4.30pm - 5.30pm
Adult	5.30pm - 6.30pm	5.30pm - 6.30pm	5.30pm - 6.30pm	

### TCS PRICING

PASSES VALID FOR 12 MONTHS				
	Child/Concession	Adult		
Casual	\$10.00	\$12.50		
10 Pass	\$76.80	\$102.50		
26 Pass	\$171.00	\$228.00		
52 Pass	\$264.00	\$352.00		
125 Pass	\$546.00	\$726.00		
250 Pass	\$850.00	\$1131.00		

# CLASSES



### Infants (6 months - 3 years)

Classes are taught with the parent/guardian in the water. The adults learn to be an important part of the child's aquatic experience through songs, games and activities that develop water familiarisation and exploration, basic learn to swim skills and water safety. Positive experiences in the early years influences enjoyment of water activities and encourages respect for water safe behaviour.

### Pre School (3 - 5 years)

Pre school levels are a fantastic introduction to basic skills in swimming. We also continue with water safety techniques and help familiarise students to the water in a safe and fun environment.

### SCHOOL AGE

Classes run from beginner to Squad entry level. Students will progress their stroke, safety techniques and enhancing fitness. Classes are structured according to ability, which promotes efficient progression and a sense of achievement for all.

### Adults

Whether you have never been in the water or you wish to relearn some old skills, these classes are for you! Meet new people, learn a new skill and get fit all at the same time with our friendly Instructors.

### PRIVATE LESSONS

Private Lessons are available for any age. If you need extra practice or technique training or if you feel you may struggle in a group situation, give them a go. We also have fully qualified Access and Inclusion Instructors for people with additional needs to ensure the best possible results for our students.

<sup>\* 10%</sup> discount applies early bird bookings and upfront payments. Classes run during school terms and exclude public holidays