

Calendar of Events!

FRIDAY 3

Over 50's Lifestyle Expo

9am – 2pm Cost: \$2 entry

Hervey Bay Baptist Church, Nikenbah

80 exhibitors showcasing products & services
Transport available: \$2.00 (To book: 4194 2441)

FRIDAY 3

Seniors Photographic Competition

Entries Close 20 September Cost: FREE

Entries displayed at Over 50s Lifestyle Expo

'Enjoying Retirement on the Fraser Coast'. Each image must feature at least one person aged 50+ and be submitted in colour digitally.

SATURDAY 4

40th Anniversary Hervey Bay

Citizens Centre

10am – 1.30pm Cost: FREE Members

Non-members \$10 entry

Hervey Bay Citizens Centre, Torquay

A celebration of 40 years of Operation.

Includes Morning Tea, Gold/Silver Member

Presentations, Entertainment & Sausage Sizzle

TUESDAY 7

Mayors Picnic at the Museum

11am – 1pm Cost: FREE

Hervey Bay Historical Museum, Pialba

Sausage Sizzle & Entertainment plus an opportunity to check out the museum. Enjoy or dance to the sounds of 'Believe it or Not'.

WEDNESDAY 8

Hervey Bay Social & Activity Club

10am – 2pm Cost: FREE

61 Hunter Street, Pialba

Visit the Activity Centre to find out what happens behind closed doors and how you too can join in on their activities.

THURSDAY 9

Lunch & Learn

11.30am – 1pm Cost: \$10 entry

Wellness Centre, Urangan

Lunch & Learn invite you to join us and enjoy a 2 course lunch. (To book: 4194 3000)

SUNDAY 12

Cool Country Concert

10.30am start Cost: \$5 entry
members, non-members \$7 entry

OCTOBER 2025

Hervey Bay Citizens Centre, Torquay

Local musicians providing entertainment for a lazy Sunday.

WEEK OF ACTIVITES 13-17

Come and Try

8am – 3pm Cost: FREE

Hervey Bay Sixty & Better, Torquay

Free activities offered by the Hervey Bay 60 & Better Program including Exercise Classes, Games Groups, Craft and more.

WEDNESDAY 15

Chat with Friends

10.30am – 11.30am Cost: \$5 entry

Wellness Centre, Urangan

Includes morning tea and social catch up.

WEDNESDAY 15

Safe Scooter Education Session

10am – 12noon Cost: FREE

Memorial Hall, Pialba

If you ride a mobility scooter or are intending to buy one join us to find out more about the rules and regulations associated with owning one of these vehicles. (To book: 4194 2441)

THURSDAY 16

Howard U3A & Burrum District

Respite Centre Fun Day

9am – 1.30pm Cost: FREE gold coin donation

Burrum District Respite Centre, Howard

A day packed with fun, laughter and entertaining & interactive activities. Morning tea & light lunch provided. Free wheelchair friendly local bus pickups. (To book: 4129 0995)

SUNDAY 19

Seniors Talent Quest

3pm-6pm Cost: \$5 entry fee, \$5 door

Hervey Bay RSL Club, Pialba

Talent Quest for Seniors (50 yrs Plus). All genres. Prizes will be awarded to specific categories. Afternoon Tea included. Special guest judge & artist Ms Billie Wilde. Performances by Billie Wilde & Jon Vea Vea.

WEDNESDAY 22

Finance Matters for Seniors

9.30am – 3pm Cost: FREE

Hervey Bay Neighbourhood Centre, Pialba

A series of presentations and opportunity

for hands on activities with one on one discussions all with a focus on finance issues that matter to seniors.

THURSDAY 23

Mystery Bus Trip

7.30am – 5pm Cost: \$90 members,
non-members \$95

Hervey Bay Citizens Centre, Torquay

A mystery trip to be unfolded on the day. Includes bus, entry fees & morning tea. Lunch at own expense. Limited walking. (Bookings and payment at the Centre)

THURSDAY 23

Tour – New Recycling Centre

10am – 12noon Cost: FREE

Maryborough Recyling Centre, Maryborough

Tour & Talk at the new Recycling Centre. Closed in shoes are a must and bookings are essential. (To book: 4194 2441)

FRIDAY 24

Open Day Hervey Bay Sixty & Better

8.30am – 11am Cost: FREE

Hervey Bay Sixty & Better, Torquay

Displays, Entertainment, Market Stalls. Visit the centre to find out what is on offer, every week at Hervey Bay Sixty & Better.

MONDAY 27

Celebrating Volunteers

10am – 12noon Cost: FREE

Memorial Hall, Pialba

A chance to say thank you to our local volunteers for their commitment to our local community. Morning Tea & Entertainment included. (Bookings essential: 4194 2441)

TUESDAY 28

Beading Workshop with Debi

9am – 12noon Cost: \$15

Hervey Bay Citizens Centre, Torquay

Includes all materials.

THURSDAY 30

Games with a Spin

10am – 12noon Cost: FREE

Halcro Street Community Garden, Pialba

Expect the unexpected! Fun interactive games, includes morning tea. (To book: 4194 2441)

FRIDAY 31

Picasso Paint & Slurp

9.30am – 12.30pm Cost: \$20

Hervey Bay Citizens Centre, Torquay

Includes materials and morning tea.

MONDAY TO SATURDAY

Hervey Bay Family History Open Month

9am – 2.30pm Cost: FREE

Hervey Bay Library, Pialba

Pop in throughout Seniors Month to find out what the Family History Group is all about and how they can help you.

EVERY TUESDAY – 7, 14, 21, 28

Art Tours at Hervey Bay

Regional Gallery

10.30am – 11.30am Cost: FREE

Hervey Bay Regional Gallery, Pialba

Hosting gallery tours for seniors every Tuesday of October. Exhibitions include: Girra: Fraser Coast National Art Prize 2025, Strange Kinship, National Interests: Australian Art in the 20th Century & Creative Generation

SHINING THE LIGHT ON SENIORS

Seniors Month Podcast

Fraser Coast FM 107.5 Community Radio
October & November

Interviews with local seniors sharing stories about their lives and challenges that they have faced and succeeded over.

SENIORS MONTH

Fraser Coast Libraries

FREE Activities during October

Colouring Calm, Poetry in the Garden, Classic Film: Foreign Correspondent, Energy 4 Seniors, Seated Meditation, All About Bees, World Film: Whina, Paper making, Support in the Home info session, Create Your Way, Chess and Scrabble.

Bookings required for some activities.

www.frasercoast.qld.gov.au/whats-on

SENIORS MONTH

Online Zoom Exercise Classes

FREE Exercise during October

Third Age Fitness – 4 weeks of fitness and fun
Bookings required. (To book: 0411 246 741)

www.thirdagefitness.com.au